



Dear Readers,

I will quote Kent "If there were no disturbing influence in the interiors of man he never would have symptoms." Signs and symptoms are a reflection of presence of disease. He further says "The bacteria are the result of conditions within, they are, as it were, evolved by a spontaneous generation- literally, and that is what it is".

Any microorganism will be able to live in the body only if it gets the conditions which are favorable for it. Immunity defines how a person will react to external stimuli and thus his/her suffering. For example, if one child gets a viral infection in a class and comes to school it is likely that few of other children get infected, but not all. The reason for same is different levels of immunity each of them possesses.

Conventional medicine claims to improve the immunity by vaccination for many infectious diseases. But if diseases can really be prevented by vaccination or the diseases change form and picture to come as more dreaded diseases, is the question. Till date there is only one disease which is said to have been eradicated by vaccination from the world, which is Small pox. If one goes to study the etiology and prevalence of small pox, many analysts say that it's a disease which ran its own course and could have been eradicated even if vaccination wasn't there. But there is a lot of argument from both sides those who favour vaccination and those who condemn saying that it has more harm than benefit. There are new vaccines being added every now and then which are for prevention of diseases which are themselves rare. Many studies depict the adverse effects of vaccines, but who will bell the cat is the question. Nobody can challenge the billion dollar industry of

vaccines. Another question which comes is should all vaccinations be compulsory. It should be choice for the parents to choose if they want to vaccinate their child or not. They should be given a choice by informing them about pros and cons of the vaccines. In homeopathy some practitioners have worked in developing a homeopathy prophylaxis programme and Isaac Golden is one such person. His article in this issue throws light on this subject and explains what homeoprophylaxis is all about.

Homeopathic practitioners have numerous cases which show that ingestion of homeopathic medicines reduces the recurrence of infections in patients suffering from recurrent infections. Many homeopaths do not vaccinate their children. But the data which can completely prove that homeopathy is better than vaccines or that homeopathy improves the level of immunity of people by decreasing their susceptibility to many diseases is insufficient. What is needed is the record of investigative findings before and after the treatment. Here again comes an important aspect, that is, evidence based homeopathy. As whatever we claim for homeopathy needs documentation. There are few researches which evidence the role of homeopathy in allergic disorders but there are many studies which prove otherwise. This becomes responsibility of all practitioners of this science to contribute to same by doing evidence based homeopathy and also learn more about research and take part in researches to let homeopathy get a better place.

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Note: *The Homoeopathic Heritage* is now a peer reviewed journal since January 2013. All the articles are peer reviewed by the in-house editorial team and a limited number of articles from each issue are sent for peer review by an external board of reviewers and those articles are distinctly marked with a stamp of 'peer reviewed'. For inclusion of articles in peer review section, kindly send your articles 3-4 months in advance of the said month.

Unbolt Yourself			
Month	Topics	Submission Starts	Last Date of Submission
November 2013	Drug Proving in Homeopathy	February 7, 2013	September 20, 2013
December 2013	The Benefits of Repertory Tool in Homeopathy	February 7, 2013	October 20, 2013
January 2014	Palliation	August 1, 2013	November 20, 2013
February 2014	Natrum Group	August 1, 2013	December 20, 2013

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