



Dear Readers,

The question is whether this topic is appropriate for a homeopathic journal or not. Homeopathy we say doesn't believe in treating a fever but advocates giving medicines which cover the characteristic presentation. The very topic was chosen seeing the practical aspect of a homeopathic practice, where a large number of patients come with the complaint of fever especially during the change of the season. Here what is called to be addressed is the 'high fever' that the patient is suffering from. Patient is usually not interested to know why at all he or she has fever and the first thing they want is temperature to be controlled. In homeopathy we prescribe on the totality and at many times we do miss the right totality and this proves the myth that homeopathy is no good for acute conditions. Seeing these aspects I thought of going back to the classical works and see what the stalwarts and pioneers advice on the management of fevers.

In *Organon of Medicine*, Dr Hahnemann suggests ways for management of fever without ascribing to the type of fevers (§ 235-242). These suggestions are on the time of administration of the dose of the medicine. Dr Hughes advice on the management of fever lays emphasis on the pharmacodynamics and the drug pathogenesis. He advises on the management of typhus, enteric fever, mediterranean fever, remittent fever with a certain group of remedies which he has found useful in his practice. Dr Hughes gives interesting advice which I would share. He suggests opening all the cases of typhus with *Baptisia*. If the patient doesn't respond, then you have three options, first if head symptoms are marked, the case can be of *Belladonna*, *Hyoscyamus*, *Stramonium*, *Opium* or also *Agaricus* depending on the pathology and presentation which also he has discussed briefly. Second case where patients go into nervous depression might need remedy like *Phos. acid*. Thirdly cases which go into febrile toxemia, remedies like *Muriatic Acid*, *Rhus* and *Arsenic* can

be used. The pulmonary affections call for *Phosphorus*. The complication of typhus he says needs remedies depending on the location of diseases settlement. Similarly he gives details of other kinds of fever which is worth reading. Another book which I explored is *The therapeutic of Intermittent Fever* by H.C.Allen. The initial portion of the book has the most valuable section on the major concerns for management of fever from homeopathic perspective. It covers the cause, the malarial theory, examination of patient, genus epidemicus, when to administer the remedy, the similitum and the potency. Thereafter there is a huge section on the therapeutics of fever where the remedies are given based on the presenting symptoms of the fever. The last section of the book has a repertory on fever which is good but similar information can be found in latest repertories which are in use today. The most useful part of the book- is the first section; which describes about how to approach a fever case homeopathically. Another book by *Frontier Bernoiville*, *Eruptive Fever and Contagious Diseases of Children* is a valuable addition to the literature where the author has covered various conditions like diphtheria, mumps, chicken pox, measles, scarlatina, acute articular rheumatism, nodular erythema and their management with homeopathy. This text is useful and applicable even in today's practice.

The journey through these books has been a great experience for me and I'm going to go back and read through them all over again. We invite you to share your experience with us on management of fever in day to day practice. We will put the interesting experiences online. Wishing you lot of success in your practice in this change of season so you are able to heal more patients with homeopathy.

Dr Geeta Rani Arora

Editor



Unbolt yourself ...

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