

## EDITORIAL

### Dear Readers,

We are glad to reach the stage of **Peer Review** which has been possible with the help and encouragement from our readers and homeopaths spread all across the world. At the start of 2013 we are entering a new level. I'm grateful to some senior teachers who have guided us for this leap, *Dr Farokh* our Chief Editor who is the guiding force behind all we do, *Dr R K Manchanda*, the person who sparked this very idea 2 years back, *Dr Clare Relton*, *Dr Eswara Das*, *Francis Treuherz*, *Dr Chaturbhuj Nayak* who have been instrumental in helping us reaching this stage.

The idea of going Peer Reviewed is to have an unbiased and expert opinion from experts in the field and bring out articles and papers which contribute to learning of readers. We have also increased our in house level of checking of articles. Our aim is to encourage more and more practitioners to get involved in research. We want homeopathy to reach a better level of acceptance which it deserves. This is only possible by extensive and well organised research which fulfills the criterion of a well planned and documented research and can be accepted by researched authorities.

Research into the field is the call of the hour. We will be bringing out articles which throw light on subtle aspects of research.

Homeopathy is a science which is based on logical principles and experiments i.e *drug proving*. To establish the accuracy of the science even after 200 years of its discovery, one of the ways is re prove the drugs. What we need to do is conduct drug proving in a way which is acceptable as per the research norms of the today. The

proving or any study which is planned shall take a prior approval by an institute which has the authority to give such approval like the Institutional Review Board in US and Ethics Committee in Europe. There are independent Ethics Committee which functions outside institutions for those researchers who have no institutional attachment or work in institutions with no ethics committee. *Alastair Gray* from Australia has done homeopathic provings which meet those standards and can be referred to for this subject.

Join the efforts towards research and thus contribute to homeopathy in your way. There are many institutions and websites giving information on planning a research study which you can find online.

In the present issue we have included one article which has been peer reviewed by external reviewers which is by *Dr Yogesh D Niturkar*. The rest of the articles have also undergone stringent checks but have been reviewed only in house. We look forward to more contributions from your end for taking the journal to a greater height. If you want that your paper shall be considered for peer review it has to be submitted atleast 3-4 months in advance for a particular month as it's a time consuming process. Wish you all and your loved ones a very happy and healthy 2013. May this year bring peace and harmony in our society and the thus better health levels and less sufferings.

**Dr Geeta Rani Arora**

Editor

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## Unbolt Yourself

Month	Topics	Submission Starts	Last Date of Submission
February 2013	Case Taking	September 1, 2012	January 1, 2013
March 2013	Homeopathy in Radiation Therapy and Allopathic Drug Reaction	September 1, 2012	January 20, 2013
April 2013	Role of Homeopathy in Allergic Disorders	September 1, 2012	February 20, 2013
May 2013	Boennighausen Method of Repertorization	September 1, 2012	March 20, 2013

### Attention

**Dear Subscribers**, please update your address, phone number and email id. You can do it by sending an email at [subscribe@bjain.com](mailto:subscribe@bjain.com) or call at 011 - 4567 1000