

## EDITORIAL

Dear Readers,

Case taking is one of the basic and initial steps to our attempt to treat a person with homeopathy. Dr Hahnemann describes (§ 83 – 104) various aspects which need to be considered while case taking and all his suggestions indicate about the detailed case taking so as to understand the individual and then prescribe. Dr Kent also describes about case taking in chapter 'Examination of a Patient' in 'Kent Philosophy' and emphasis on detailed history taking, physical examination, generals and mentals, - all aspects to be considered. No homeopath ever discouraged the true study of anatomy and physiology. It is important not only to know the superficial but the study of real and profound character, to be able to recognise one symptom image from another.

But the present scenario is a little sad. Sometime back I went for a lecture and I was surprised to know that people were not in favour of constitutional prescribing and had the reasoning that case taking for same is a time taking process and patients cannot wait for so long. It was distressing to hear this and from people with much experience. I did put my point forth that constitutional prescribing is the way for curing chronic diseases and tendencies. Reasoning of lack of time for choosing the way of using specifics is not homeopathy.

It is agreed that a prescription which is based on laws and with case taking requires an effort. Hahnemann at the very initial stage remarked that homeopathy is not for those who are lazy, it's for those who are ready to work hard and work for healing people. As quoted in Introduction to Preface of Fifth Edition Hahnemann says

*'That some misguided physicians who would wish to be considered homoeopaths, engraft some, to them more familiar, allopathic malpractices upon their nominally homoeopathic treatment, is owing to ignorance of the doctrine, laziness, contempt for suffering humanity, and ridiculous conceit; and, besides showing unpardonable negligence in searching for the best homoeopathic specific for each case of disease, has often a base love of gain and other sordid motives for its result? that they cannot cure all important*

*and serious diseases (which pure and careful homoeopathy can), and that they send many of their patients to that place whence no one returns, whilst the friends console themselves with the reflection that everything (including every hurtful allopathic process!) has been done for the departed.'*

It can be expected that few will have the required enthusiasm and patience to apply such laws of homeopathy when it comes to practice. As George Vithoulkas has truly said in his book 'Science of Homeopathy'

*'There will always be a inclination on the part of prescribers to attempt shortcuts, to find "keynotes" which can be used in a routine manner, and to develop methods which can reduce the time and energy demanded of the homeopath in arriving at a correct prescription. Thus far, however, such attempts have in the long run yielded disappointing results which can only damage the public image of homeopathy. Very early in the career of any homeopath, a decision must be made as to whether strict and demanding standards are going to be applied — or not. Those who attempt shortcuts will obtain some results, but will be more and more frustrated by the confusion created by incomplete prescriptions. Those who, on the other hand, apply themselves to learning and applying the highest standards will discover a steadily increasing rate of success, and moreover they will find themselves truly knowing what is happening in each case. A career dedicated to such standards is indeed highly satisfying, not only for the patients but for the homeopath as well'.*

Today if you talk of somebody who is practicing for 40 years but if practices in ways other than as suggested by masters cannot be called as a better physician on basis of experience of time h/she is practiced homeopathy. What matters is the right way to practice and we encourage all of you to practice the way as suggested by masters which is all given in our books we got when we joined homeopathy in our respective colleges or schools.

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### Unbolt Yourself

Month	Topics	Submission Starts	Last Date of Submission
March 2013	Homeopathy in Radiation Therapy and Allopathic Drug Reaction	September 1, 2012	January 20, 2013
April 2013	Role of Homeopathy in Allergic Disorders	September 1, 2012	February 20, 2013
May 2013	Boennighausen Method of Repertorisation	September 1, 2012	March 20, 2013

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