

Dear Readers,

In first week of November I went to the valley of Himalayas to attend the seminar by Dr Farokh Master on treating the deeper pathologies. It was a great experience where Dr Master shared his cases and how the management of such cases was done both for the main ailment and acute episodes with homeopathy. What I want to share with you is one of the most important aspects he brought to notice that was the importance to understand the level of health at which the patient comes for treatment. To understand and wisely help the patients it is crucial to know the patient's state of health. This will help us to decide the kind of remedies that can be used for the patient, and help about the posology aspect and also decide the prognosis of the case.

This aspect can also be of help in understanding the remedy reactions of each case. Heavy miasmatic load, family history of similar grave illness, past history of deeper level infections suggests a lower level of health and therefore calls for remedies which are deep acting and with deeper miasmatic action. Such patients would most likely need frequent repetitions and would need higher potencies much earlier than other group of patients. This also indicates that these patients might need treatment for a longer period of time and the improvement also will be limited or not that encouraging. In comparison, patients who comes with a disease presenting in later stage of life and have no past history of any major illness nor have any strong family history demonstrate a good

immune system and better level of health. In such cases we get the response much sooner and even with lesser repetitions. In such cases the recurrence of disease is also very less and patients come back to health much sooner. Therefore, such evaluation of state of health will answer few practical questions which many times patients ask us as to how much time would homeopathy treatment be needed and what results can we get with homeopathy. This also answers that why in some cases we get immediate results and in other cases we don't get such promising results.

This evaluation if done on first consultation can help us plan the treatment in better way and thus give us enhanced results. What is also important to learn here is that any disease can occur at any level of health but what differs is the prognosis in each case. People also keep moving from one state of health to another in reaction to stresses of life. With homeopathy we can bring patients to a better level of health gradually over a period of time but we have to know where we started from and where we are taking the patient with homeopathy. Thus such evaluation helps us plan the treatment in a more judicious way and also helps us evaluate what betterment we are able to achieve with homeopathy.

Dr Geeta Rani Arora

Editor

geeta@bjain.com



## Unbolt Yourself

Month	Topics	Submission Starts	Last Date of Submission
January 2013	Research Methodology in Homeopathy	September 1, 2012	December 5, 2012
February 2013	Case Taking	September 1, 2012	December 20, 2012
March 2013	Homeopathy in Radiation Therapy and Allopathic Drug Reaction	September 1, 2012	January 1, 2013
April 2013	Role of Homeopathy in Allergic Disorders	September 1, 2012	February 1, 2013
May 2013	Boennighausen Method of Repertorization	September 1, 2012	March 1, 2013

### Attention

Dear Subscribers, please update your address, phone number and email id. You can do it by sending an email at [subscribe@bjain.com](mailto:subscribe@bjain.com) or call at 011 - 4567 1000