

# Viral Affections of Skin: 2 Case Studies

**Dr GEETA RANI ARORA**

BHMS, MD (Hom)  
 Chief Consultant, Heal with  
 Homoeopathy  
 K-30 B, Basement, Kalkaji, New Delhi,  
 Pin -110019  
 Email: healer.g@gmail.com,  
 t 91-9818090953, 91-26431955



**Dr ARTI GOYAL** BHMS, MD (Hom)

SRF, CCRH  
 Formerly at Heal with Homoeopathy

**ABSTRACT:** Skin is the largest organ of body. Its function is to protect us. Skin infections are associated with a wide variety of organisms, and symptoms can vary from mild to serious. Homoeopathy is well known for being useful in warts. Although warts are local diseases, they are treated based on comprehensive understanding of the patient. This includes local symptoms, i.e. morphology and location of lesion, mental and physical characteristics. A constitutional remedy thus selected eradicates the complaint providing long lasting relief from complaints.<sup>1</sup>The cases presented demonstrate the benefit of totality-based remedy in helping not only the viral diseases of skin but also other conditions the patients are suffering from.

**CASE 1**

**18-YEAR-OLD MALE, K/C/O WARTS PRESENTED WITH MULTIPLE WARTS .**

| LOCATION   | SENSATION                           | MODALITY                   |
|--|-------------------------------------|----------------------------|
| <b>SKIN-</b> -Face, elbow, inside mouth and genitals since 2 years | Multiple warts                      | -                          |
| <b>Foot -Right</b>   | corn                                | -                          |
| <b>GIT</b>   | Unsatisfactory stool 3-4 times /day | < getting up and breakfast |



**PAST HISTORY:** H/o recurrent tonsillitis in childhood.

**PERSONAL HISTORY:** Smokes 10-12 cigarettes every day

**FAMILY HISTORY**

- o Mother and maternal grandmother : Diabetes
- o Aunt: Warts

**PHYSICAL GENERALS**

- APPETITE: Good ++, Large Meals, Voracious app.
- THIRST: Good ++ and Regular
- DESIRES: Spicy ++, Meat +++, Chicken+++, Eggs
- AVERSION: Milk ++, Green Vegetables
- TONGUE: Clear
- PERSPIRATION: Excessive with Odour +++ Mainly on Head < while Eating
- SLEEP: Disturbed, Position- on Abdomen
- THERMAL REACTION: Hot.

**MENTALS**

Patient is good at extracurricular activities. He wants to become a singer, actor or a politician. He writes songs and likes music. He wants to do something for society, for the mentally ill people. His

life changed when someone in school accused him of molestation. His father did not trust him, he had suicidal thoughts then. He felt that his image got shattered. But then he decided to fight this and not allow this to break him. Very good at sports.

Patient smokes (cannabis) weed, this was only admitted when physician observed his lips, hands and eyes. Patient had dirty long nails. Didn't bother about his looks.

### LOCAL AND SYSTEMIC EXAMINATION

- Abdomen NAD. Bowel sounds were 4 per

minute.

- Examination of skin- warts multiple, brown, soft, mobile and non-tender.

### DIAGNOSIS: Warts

### ANALYSIS OF THE CASE

- After analyzing the case, the characteristic mental, physical generals and particular symptoms were considered for forming the totality.
- The synthesis repertory was preferred & done using RADAR software

### REPERTORY SHEET

|   | sulph. | calc. | sep. | nit-ac. | phos. | thuj. | ars. | mag-c. | atr. | nat-s. | caust. | puls. | diac. | nat-m. | bell. |
|---|--------|-------|------|---------|-------|-------|------|--------|------|--------|--------|-------|-------|--------|-------|
| 1   | 2      | 3     | 4    | 5       | 6     | 7     | 8    | 9      | 10   | 11     | 12     | 13    | 14    | 15     |       |
| 9   | 9      | 9     | 7    | 7       | 7     | 7     | 7    | 7      | 6    | 6      | 6      | 6     | 6     | 6      | 6     |
| 19  | 18     | 17    | 14   | 14      | 14    | 13    | 11   | 9      | 14   | 13     | 13     | 12    | 12    | 11     |       |
| 3. Clipboard 3                                      |        |       |      |         |       |       |      |        |      |        |        |       |       |        |       |
| ▶ 1. SKIN - WARTS (90) 1                            | 3      | 3     | 2    | 3       | 1     | 3     | 2    | 2      | 3    | 3      |        |       | 3     | 1      | 3     |
| ▶ 2. MALE GENITALIA/SEX - CONDYLOMATA (36) 1        | 1      | 2     | 2    | 3       | 2     | 3     | 1    |        | 1    | 3      | 2      |       |       |        |       |
| ▶ 3. STOOL - FREQUENT (154) 1                       | 2      | 2     | 2    | 2       | 3     | 2     | 3    | 2      | 1    | 1      | 2      | 1     | 2     | 2      | 2     |
| ▶ 4. MIND - DESIRES - full of desires (9) 1         |        |       |      |         |       |       |      |        |      |        |        | 2     | 1     |        |       |
| ▶ 5. MIND - PHILOSOPHY - ability for (7) 1          | 2      | 1     |      | 1       |       |       |      |        |      |        |        |       |       |        |       |
| ▶ 6. STOMACH - APPETITE - increased (203) 1         | 3      | 3     | 2    | 2       | 3     | 1     | 3    | 1      | 2    | 2      | 2      | 3     | 1     | 3      | 2     |
| ▶ 7. GENERALS - FOOD and DRINKS - meat -... (30) 1  | 2      |       | 1    |         | 1     |       |      | 2      | 1    |        |        |       |       | 1      |       |
| ▶ 8. GENERALS - FOOD and DRINKS - chicke... (0) 1   |        |       |      |         |       |       |      |        |      |        |        |       |       |        |       |
| ▶ 9. GENERALS - FOOD and DRINKS - milk - ... (45) 1 | 2      | 2     | 2    |         | 2     |       | 1    | 1      |      | 2      |        | 2     |       | 2      | 1     |
| ▶ 10. SLEEP - POSITION - abdomen, on (21) 1         |        | 1     | 3    |         |       |       | 1    |        |      |        | 2      |       |       |        | 2     |
| ▶ 11. GENERALS - WARM - agg. (115) 1                | 3      | 2     | 1    | 1       | 2     | 2     |      | 1      | 1    | 3      | 1      | 3     | 2     | 3      | 1     |
| ▶ 12. SKIN - WARTS - filiform (3) 1                 |        |       |      |         |       | 1     |      |        |      |        |        |       |       |        |       |
| ▶ 13. FACE - WARTS (12) 1                           | 1      | 2     | 2    | 2       |       | 2     | 2    | 2      | 1    |        | 3      |       | 3     |        |       |

### REPERTORY SHEET AFTER APPLICATION OF QUALIFYING RUBRICS

|   | thuj. | staph. | med. |
|---|-------|--------|------|
| 1   | 2     | 3      |      |
| 7   | 6     | 3      |      |
| 14  | 10    | 5      |      |
| 3. Clipboard 3                                      |       |        |      |
| ▶ 1. SKIN - WARTS (90) 1                            | 3     | 1      | 2    |
| ▶ 2. MALE GENITALIA/SEX - CONDYLOMATA (36) 1        | 3     | 2      | 2    |
| ▶ 3. STOOL - FREQUENT (154) 1                       | 2     |        |      |
| ▶ 4. MIND - DESIRES - full of desires (9) 1         |       |        |      |
| ▶ 5. MIND - PHILOSOPHY - ability for (7) 1          |       |        |      |
| ▶ 6. STOMACH - APPETITE - increased (203) 1         | 1     | 2      |      |
| ▶ 7. GENERALS - FOOD and DRINKS - meat -... (30) 1  |       |        |      |
| ▶ 8. GENERALS - FOOD and DRINKS - chicke... (0) 1   |       |        |      |
| ▶ 9. GENERALS - FOOD and DRINKS - milk - ... (45) 1 |       | 3      |      |
| ▶ 10. SLEEP - POSITION - abdomen, on (21) 1         |       |        |      |
| ▶ 11. GENERALS - WARM - agg. (115) 1                | 2     | 1      |      |
| ▶ 12. SKIN - WARTS - filiform (3) 1                 | 1     | 1      | 1    |
| ▶ 13. FACE - WARTS (12) 1                           | 2     |        |      |

In the base repertorization, Sulphur came up as the first remedy followed by Calcarea and Sepia and when type of wart was chosen as qualifying symptom, the remedy came as Thuja, Staph and Medorrhinum. But Sulphur was given considering the totality. 200 potency was chosen seeing the addictions & high sensitivity. repetition was kept twice a day seeing the severity of case, high sensitivity and the addictions of weed, where a stimulant was being taken already by patient.

**FOLLOW UP TABLE**

| Date      | Status  | Prescription                | Reason  |
|-----------|---|-----------------------------|---|
| 21/6/2018 | Repertorial Totality and mental s/s   | Sulphur 200 BD / 15 days    | Totality based remedy selection. Potency high and High susceptibility and selection based more on mental symptom. Repetitions frequent - addictions |
| 3/7/2018  | Generals were better.<br>Stool : Regular - 1/ day, well formed.<br>Genital Warts +  | Sulphur 200 / TDS / 15 days | Generals better. Genital warts still + , other warts same   |
| 18/7/2018 | Wart - one under the lip has fallen<br>Stool : once a day, but loose  | Sulphur 200 / QD / 15 days  | Stools : loose again  |
| 7/8/2018  | Warts- two warts have fallen- lip , arms one getting dried size of others has decreased<br>Feet corn-same<br>Stool: once a day, loose occasionally<br>Itching on body + | Sulphur 200/ QD/15 days     | Steady state, many warts still + Corn still persistent  |
| 15/9/2018 | Warts- 80% warts have fallen and rest has shrunk.<br>Stool: 2-3 times a day, not loose<br>Acne+   | No medicine needed          | Steady state, 80 % symptoms gone.   |

**DURING TREATMENT (18/7/2018) Pictures**



**After treatment (15/9/2018) pictures below**



One of observations was his well-kept demeanour as well as neat nails.

## CASE 2

**ABSTRACT:** Beauty Parlour Warts as diagnosed by a Dermatologist. (Molluscum contagiosum).

A lady 45y presented with eruptions over face- Molluscum Contagiosum diagnosed on the basis of clinical presentation. Molluscum is known to spread from beauty parlours via threading procedure done for removal of extra facial hair.<sup>2</sup>

### GENERALS

- CRAVING: Sweets 3+, sour 3+
- AVERSION: Green Veg, Tomatoes 3+
- DREAMS: Known people, family, friends, real happenings of life.
- SLEEP: Light sleeper
- THERMAL: chilly

### MENTALS

- Light sleeper
- Tries to keep herself busy
- Financial stress as husband work not good
- Relationship strained

- Had a very big moral support from family and loved ones
- Emotionally – have been a very strong person
- I have to take charge whether financial /medical situation in family
- I like things in control
- Sensitive, caring and helps people (Sensitive)
- I feel happy to be useful (Benevolence)
- Money doesn't matter, grew up with financial difficulties but in a happy family
- Stress – kids health (Family, Anxiety For)
- Family health my priority, I shouldn't take any wrong decision (Cares, full of)
- Anxious - if children are late, weird ideas crop up
- Never allowed my son a bicycle (Anxiety, Children for)
- Otherwise allow them independence
- Have many close friends/family and feel concerned for everyone

### REPERTORIZATION CHART

### CORE

- A cautious female with lot of anxieties for family, children, friends
- Very helpful, likes to take charge and wants things in control
- Dreams – family, friend
- Relationships

- Beauty parlour warts, constipation and sinusitis
- Prescription was Kali Bichromicum 30. Repetition was given BD based on medium level susceptibility. Later repetition and potency were changed based on follow up status .

| Date       | Status  | Prescription  | Reason   |
|------------|---|---|--|
| 7/12/2013  | Eruptions- molluscum , PND, Irritation in throat with cough, constipation   | <i>Kali-bich</i> 30 : BD for 2 weeks  | Totality, location, mental make-up – core of patient   |
| 17/12/2013 | Cough >> , PND>> but episode of bad headache with gases ++ constipation>><br>Eruptions : same Eyes Lt. blocked  | <i>Kali-bich</i> 30 : BD for 2 weeks  | Some complaints > some are<, partial amel of complaints  |
| 11/1/2014  | Irritation in throat +, Eyes : tears<br>Constipation : on and off<br>Eruption : one on chest has fallen<br>Cough since two days , irritation, dryness of mouth  | <i>Pulsatilla</i> 30 IQD for 2 days<br>Once better <i>Kali-bich</i> 30, TDS                   | Acute episode  |
| 8/2/2014   | Cough > but then again increased 5 days back, dry loud cough, itching in throat   | <i>Rumex-crispus</i> 30, QD - 2 days<br>Followed by <i>Kali-bich</i> 200, 1 dose wkly = 3 wks | Acute medicine for acute complaints , and acute recurrent so increasing potency                                    |
| 10/4/2014  | Skin : 1 new eruption<br>Rest drying up<br>Cough > with rum ex , PND >><br>all winter had slight constant cough<br>Very bloated all the time, insomnia<br>Feeling as if periods would appear, amenorrhoea since 2-3 yrs | <i>Kali-bich</i> 200, H.S for 2 weeks<br><i>Carbo-veg</i> : SOS                               | As one dose isn't completing the action, her symptoms are persistent with less intensity, and gastric complaints + |
| 3/5/2014   | New eruptions still coming but shedding of many eruptions and drying up old ones<br>PND, No cough, itching in throat – on and off   | <i>Kali-bich</i> H.S for 2 weeks  | Steady improvement but new eruptions also coming   |

**Before Treatment**



**After treatment (3/5/2014)**



**Stage 2**

|                  |   |  |  |
|------------------|---|--|--|
| <b>20/6/2014</b> | Skin: drying up<br>Constipation, Sleep : disturbed      | <i>Kali-bich</i> 200 : BD<br>for 2 weeks | Medicine helping but susceptibility<br>demands more repetition |
| <b>16/9/2014</b> | Skin: all shed off<br>Acidity >>, Gases >>, Sleep sound | SL HS for<br>2 weeks                     |  |

**LATER FOLLOW UPS**

|            |  |  |
|------------|--|--|
| 16/11/2014 | COUGH episode  | <i>Rumex</i> , Followed by <i>Kali-bich</i> H.S                      |
| 2015       | GOUT attack with severe pain in great toe and<br>Uric acid raised to 8 | <i>Kali-bich</i> – with increased repetition<br>and higher potency > |
| 2016       | Gout and sleeplessness   | <i>Kali-bich</i> 1M was used   |

**DISCUSSION:** A totality based remedy gave improvement to warts in addition to an overall improvement of the case as in our first case patient was able to get rid of his addictions, started taking care of his looks and also went back to sports with a positive approach. In second case, once a totality remedy was found, it improved patients’ sinusitis and recurrent tendency to Upper Respiratory Tract infections as well as later helped the patient with Gout when increased potency was used.

**EDITORIA:** *interesting cases, Dr Geeta Rani – and good input of Molluscum post beauty parlours. Dr*

*Geeta Rani has taken 2 cases and used different repetition- frequent repetition in the first case and single doses in the second case. And given explanations as to the different schedules followed.*

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# LM Potency and ADHD



**Dr PARTH APHALE MD (Hom)**  
 Consulting Homoeopath, Pune.  
 Asst Professor, Department of Homoeopathic Pharmacy  
 Dr DY Patil Homoeopathic Medical College, Pune.  
 C-57/58, Anubandh, near Ramkrishna Math, Sinhgad Road, Pune-411030.  
 Hahnemanian School of Thought  
 Email: parth.aphale@gmail.com;  
 9422521722

**ABSTRACT:** Attention deficit hyperactivity disorder (ADHD) is a mental health disorder that can cause above-normal levels of hyperactive and impulsive behaviours. People with ADHD may also have trouble focusing their attention on a single task or sitting still for long periods of time.

Both adults and children can have ADHD.

**What causes ADHD?**

Despite how common ADHD is, doctors and researchers still aren't sure what causes the

condition. It's believed to have neurological origins. Genetics may also play a role.

Research suggests that a reduction in dopamine