Viral Affections of Skin: 2 Case Studies

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ABSTRACT: Skin is the largest organ of body. Its function is to protect us. Skin infections are associated with a wide variety of organisms, and symptoms can vary from mild to serious. Homoeopathy is well known for being useful in warts. Although warts are local diseases, they are treated based on comprehensive understanding of the patient. This includes local symptoms, i.e. morphology and location of lesion, mental and physical characteristics. A constitutional remedy thus selected eradicates the complaint providing long lasting relief from complaints. The cases presented demonstrate the benefit of totality-based remedy in helping not only the viral diseases of skin but also other conditions the patients are suffering from.

Case 1 18-year-old male, $\kappa/c/o$ Warts presented with multiple warts .

LOCATION	SENSATION	MODALITY
SKIN- -Face, elbow,		
inside mouth and	Multiple warts	-
genitals since 2 years		
Foot -Right	corn	-
	Unsatisfactory	< getting
GIT	stool	up and
	3-4 times /day	breakfast



PAST HISTORY: H/o recurrent tonsillitis in childhood.

PERSONAL HISTORY: Smokes 10-12 cigarettes every day

FAMILY HISTORY

o Mother and maternal grandmother: Diabetes

o Aunt: Warts

PHYSICAL GENERALS

- APPETITE: Good ++, Large Meals, Voracious app.
- THIRST: Good ++ snd Regular
- Desires: Spicy ++, Meat +++, Chicken+++, Eggs
- Aversion: Milk ++, Green Vegetables
- Tongue: Clear
- Perspiration: Excessive with Odour +++ Mainly on Head < while Eating
- SLEEP: Disturbed, Position- on Abdomen
- THERMAL REACTION: Hot.

MENTALS

Patient is good at extracurricular activities. He wants to become a singer, actor or a politician. He writes songs and likes music. He wants to do something for society, for the mentally ill people. His

Case Section

life changed when someone in school accused him of molestation. His father did not trust him, he had suicidal thoughts then. He felt that his image got shattered. But then he decided to fight this and not allow this to break him. Very good at sports.

Patient smokes (cannabis) weed, this was only admitted when physician observed his lips, hands and eyes. Patient had dirty long nails. Didn't bother about his looks.

LOCAL AND SYSTEMIC EXAMINATION

· Abdomen NAD. Bowel sounds were 4 per

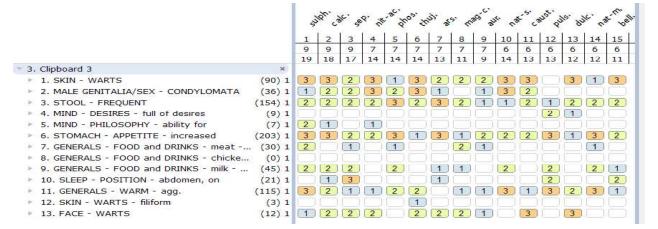
minute.

 Examination of skin- warts multiple, brown, soft, mobile and non-tender.

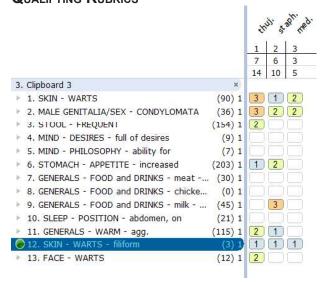
Diagnosis: Warts Analysis Of The Case

- After analyzing the case, the characteristic mental, physical generals and particular symptoms were considered for forming the totality.
- The synthesis repertory was preferred & done using RADAR software

REPERTORY SHEET



REPERTORY SHEET AFTER APPLICATION OF QUALIFYING RUBRICS



In the base repertorization, *Sulphur* came up as the first remedy followed by *Calcarea* and *Sepia* and when type of wart was chosen as qualifying symptom, the remedy came as *Thuja*, *Staph* and *Medorrhinum*. But *Sulphur* was given considering the totality. 200 potency was chosen seeing the addictions & high sensitivity repetition was kept twice a day seeing the severity of case, high sensitivity and the addictions of weed, where a stimulant was being taken already by patient.

FOLLOW UP TABLE

Date	Status	Prescription	Reason
21/6/2018	Repertorial Totality and mental s/s	Sulphur 200 BD / 15 days	Totality based remedy selection. Potency high and High susceptibility and selection based more on mental symptom. Repetitions frequent - addictions
3/7/2018	Generals were better. Stool : Regular - 1/ day, well formed. Genital Warts +	Sulphur 200 / TDS / 15 days	Generals better. Genital warts still + , other warts same
18/7/2018	Wart - one under the lip has fallen Stool : once a day, but loose	Sulphur 200 / QD / 15 days	Stools : loose again
7/8/2018	Warts- two warts have fallen- lip, arms one getting dried size of others has decreased Feet corn-same Stool: once a day, loose occasionally Itching on body +	<i>Sulphur</i> 200/ QD/15 days	Steady state, many warts still + Corn still persistent
15/9/2018	Warts- 80% warts have fallen and rest has shrunk. Stool: 2-3 times a day, not loose Acne+	No medicine needed	Steady state, 80 % symptoms gone.

DURING TREATMENT (18/7/2018) Pictures



After treatment (15/9/2018) pictures below



One of observations was his well-kept demeanour as well as neat nails.

Case Section

CASE 2

ABSTRACT: Beauty Parlour Warts as diagnosed by a Dermatologist. (Molluscum contagiosum).

A lady 45y presented with eruptions over face-Molluscum Contagiosum diagnosed on the basis of clinical presentation. Molluscum is known to spread from beauty parlours via threading procedure done for removal of extra facial hair.²

GENERALS

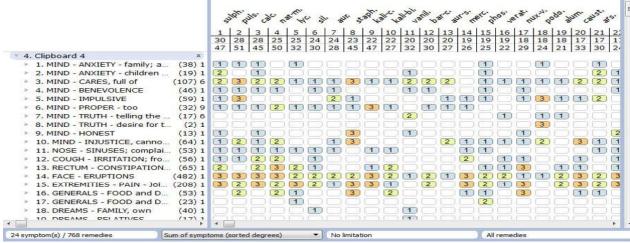
- CRAVING: Sweets 3+, sour 3+
- Aversion: Green Veg, Tomatoes 3+
- Dreams: Known people, family, friends, real happenings of life.
- · SLEEP: Light sleeper
- THERMAL: chilly

MENTALS

- Light sleeper
 Tries to keep herself busy
- · Financial stress as husband work not good
- Relationship strained

- Had a very big moral support from family and loved ones
- Emotionally have been a very strong person
- I have to take charge whether financial /medical situation in family
- I like things in control
- Sensitive, caring and helps people (Sensitive)
- · I feel happy to be useful (Benevolence)
- Money doesn't matter, grew up with financial difficulties but in a happy family
- Stress kids health (Family, Anxiety For)
- Family health my priority, I shouldn't take any wrong decision (Cares, full of)
- Anxious if children are late, weird ideas crop up
- Never allowed my son a bicycle (Anxiety, Children for)
- · Otherwise allow them independence
- Have many close friends/family and feel concerned for everyone

REPERTORIZATION CHART



CORE

- A cautious female with lot of anxieties for family, children, friends
- Very helpful, likes to take charge and wants things in control
- Dreams family, friend
- Relationships

Beauty parlour warts, constipation and sinusitis

Prescription was Kali Bichromicum 30. Repetition was given BD based on medium level susceptibility. Later repetition and potency were changed based on follow up status.

Date	Status	Prescription	Reason
7/12/2013	Eruptions- molluscum , PND, Irritation in throat with cough, constipation	Kali-bich 30 : BD for 2 weeks	Totality, location, mental make-up – core of patient
17/12/2013	Cough >> , PND>> but episode of bad headache with gases ++ constipation>> Eruptions : sameEyes Lt. blocked	Kali-bich 30 : BD for 2 weeks	Some complaints > some are<, partial amel of complaints
11/1/2014	Irritation in throat +, Eyes : tears Constipation : on and off Eruption : one on chest has fallenCough since two days , irritation, dryness of mouth	Pulsatilla 30 /QD for 2 days Once better Kali-bich 30, TDS	Acute episode
8/2/2014	Cough > but then again increased 5 days back, dry loud cough, itching in throat	2 days	Acute medicine for acute complaints , and acute recurrent so increasing potency
10/4/2014	Skin: 1 new eruptionRest drying up Cough > with rum ex, PND >> all winter had slight constant coughVery bloated all the time, insomnia Feeling as if periods would appear, amenorrhoea since 2-3 yrs	Kali-bich 200, H.S for 2 weeks Carbo-veg : SOS	As one dose isn't completing the action, her symptoms are persistent with less intensity, and gastric complaints +
3/5/2014	New eruptions still coming but shedding of many eruptions and drying up old ones PND, No cough, itching in throat – on and off	Kali-bich H.S for 2 weeks	Steady improvement but new eruptions also coming

Before Treatment



After treatment (3/5/2014)





After Treatment

Stage 2

20/6/2014	Skin: drying up	Kali-bich 200 : BD	Medicine helping but susceptibility
	Constipation,Sleep : disturbed	for 2 weeks	demands more repetition
16/9/2014	Skin: all shed off	SL HS for	
	Acidity >>, Gases >>, Sleep sound	2 weeks	

LATER FOLLOW UPS

16/11/2014	COUGH episode	Rumex, Followed by Kali-bich H.S
2015	GOUT attack with severe pain in great toe and	Kali-bich - with increased repetition
2015	Uric acid raised to 8	and higher potency >
2016	Gout and sleeplessness	Kali-bich 1M was used

Discussion: A totality based remedy gave improvement to warts in addition to an overall improvement of the case as in our first case patient was able to get rid of his addictions, started taking care of his looks and also went back to sports with a positive approach. In second case, once a totality remedy was found, it improved patients' sinusitis and recurrent tendency to Upper Respiratory Tract infections as well as later helped the patient with Gout when increased potency was used.

EDITORA: interesting cases, Dr Geeta Rani – and good input of Molluscum post beauty parlours. Dr

Geeta Rani has taken 2 cases and used different repetition- frequent repetition in the first case and single doses in the second case. And given explanations as to the different schedules followed.

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LM Potency and ADHD



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ABSTRACT: Attention deficit hyperactivity disorder (ADHD) is a mental health disorder that can cause above-normal levels of hyperactive and impulsive behaviours. People with ADHD may also have trouble focusing their attention on a single task or sitting still for long periods of time. Both adults and children can have ADHD.

What causes ADHD?

Despite how common ADHD is, doctors and researchers still aren't sure what causes the

condition. It's believed to have neurological origins. Genetics may also play a role.

Research suggests that a reduction in dopamine