

**Dear Readers,**

If you want to call people to try homeopathy at least once, just ask them to try homeopathy when they have throat problem next time. Trust me, the entire world population will be lined up at your clinic, that is, everybody will come at least once. Good idea to have a successful practice..... the fact is, throat disorders are the wide area of concern from the medical perspective.

Common throat disorders are one of the ailments with which many patients come up for their first homeopathic visit. They have a throat problem, like a sore throat or a cough, or some pain or hoarseness (sometimes their children) and they want to try the homeopath next door rather than going to their family physician.

If you catch the case in terms of correct diagnosis and medicine, the new patient develops faith in homeopathy. I have seen few cases where I treated tonsillitis of a child and sometimes severe pharyngitis of an adult and the entire family became my patients not because for they all fell ill... but for their respective ailments which they wanted to get treated by homeopathy.

I think it is a good idea to get well versed with the symptoms of throat disorders and how they are represented in the repertory, so when a patient comes, we have an idea of what are the possible rubrics as symptoms of the patient are presented very differently in a repertory. I will share a very recent example of a case. A five year old child was having recurrent cough and would be given Puls. or Merc. or Hepar. and those common remedies which I could see as the most close remedies. She used to get better but would again come back, the constitutional being given in few doses, was most likely not correct, and this was my feeling at the back of my mind.

The cough had increased by now; cough was severely loud and non-productive with hoarseness. She would cough so severely as if she would vomit, she would turn red while coughing. The diagnosis was laryngotracheitis. The child also had chronic coryza which had not improved

for 1-2 months inspite of the medicines I gave her and the allopathy she took. The chest was clear on examination.

I repertorized the case with the following symptoms. Cough: Barking, Nose: Coryza, Larynx and Trachea: Croup, Cough: Children in, Cough: Dry, children in, Cough: Dry, tickling larynx in, Cough: Barking, children in.

Under the rubric Cough: Barking, children in, there are only two only 2 remedies — Cina and Iodum. I prescribed Iodum because of its presence under the rubric cough barking children in, and Cina's mental state did not match the patient's state at all. I gave the mother 3 doses and asked them to give one dose stat at that time, one dose next day morning and then call me.

The mother called me at 3 p.m. next day saying that her cough had reduced to 70 %. Trust me, I was amazed, I told her not to give the third dose but she said she had just given. She was told not to give any other medicine.

There was no cough thereafter. The simple rubric helped to solve the case. I could not have thought of Iodum for cough, maybe that is the correct constitutional remedy of the child and the disease state was therefore an acute exacerbation of the chronic disease and that is what this remedy has helped and not any acute remedy.

The child had been very well thereafter and had been given no other remedy till now. This case made me go back to the Materia Medica and read Iodum again. I would like to clarify that the child is not lean, does not eat often or has a ravenous appetite. Therefore, there are other things about remedies than P, Q, R, S which are to be known and noticed in patients and use it via repertory, as we cannot remember everything.

I would sum up with Dr Kent's saying "*He must study the repertory until he learns how to use it so that he can find what he wants, when he needs it.*"

**Dr Geeta Rani Arora**

Editor



## Unbolt yourself ...

MONTH	TOPIC	LAST DATE OF SUBMISSION
January 2012	Metal Group	November 20th, 2011
February 2012	Vaccination and Homeopathy	December 20th, 2011
March 2012	Paediatric Disorders	January 20th, 2012
April 2012	Ophidia Group	February 20th, 2012

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