

Dear Readers,

Kali group is one of the wonderful groups of our homeopathic materia medica store. Kalis are emotional, dependent and want company to curb down their anxieties and fears. Their basic theme is dependency on the family or support group they seek the support of. Kalis are emotional and sentimental. This goes to the level of attachment and from these attachments, anxieties crop up. They need the support of the family or the group. They care for all the family members. They are also dependent on them. More the support they get, lesser are the anxieties. From here comes the expectation that they should get back as they are doing so much for them. The feeling is 'When I am doing so much, why the other person is not reverting back'. If this support is not received or the patient feels that inspite of giving so much, he is not getting enough attention that he /she desires, it gives rise to suspiciousness. The anxieties increase and they start complaining. You would find many patients cribbing about the family members, they could be kalis.

When we study the chemical nature of this element, it is found that Potassium is never found single in nature and is always associated with other elements to form a compound. Similarly, Kali persons always need someone, whom they are dependent on. They like to be with their family which gives them a secure environment. They want to be in company as it gives security and the anxieties and fears remain in control. Another aspect of this anxiety is what if something happens to the person they are dependent on? Who will take care of them? What will happen if they don't have them around?

Depending on the other radical attached like carbonate, bichrome, phosphorus or arsenic, the presentation changes. Kali carb. is the weakest of all kalis as the carbonate element is brittle which adds to it. Kali carb. is also known as a spineless remedy as the persons cannot undertake anything alone and need someone in their lives as a guide or a support system be it the father, mother, wife or any other close person. When kali attaches to bichrome, it gives it strength and we find kali bichromicum patients to be strong personalities inspite of their attachments and dependency. All kalis have the characteristic physical features depending on the other element to which they are attached and on the basis of which they can be differentiated.

We have many articles in the current issue discussing different aspects of kali group of remedies like mental aspects, chemical nature, physiological action and their practical uses. Anne Vervarcke has given a beautiful article on kali remedies in daily practice in which she explains the use of Kali by describing two cases. Roberto Petrucci who is an expert for children diseases in the homeopathic field has shared his experiences in prescribing kalis in the paediatric cases and has given a presentation of symptoms of various kali remedies in children which can be very useful input for the practice. The regular sections are as earlier with newer inputs and the latest information.

Send your feedback, we look forward to it.

Dr Geeta Rani Arora

Editor



Unbolt yourself ...

MONTH	TOPIC	LAST DATE OF SUBMISSION
April 2011	LM Potency	February 20th, 2011
May 2011	Hypertension	March 20th, 2011
June 2011	Second Prescription	April 20th, 2011
July 2011	Spiders Group	May 20th, 2011

Attention

Dear Subscribers, please update your address, phone number and email id. You can do it by sending an email at subscribe@bjain.com or call at 011 - 4567 1000