

### Dear Readers,

I have always emphasized the need for research in our field in many of my previous editorials as I strongly feel the need for this. To bring this point more in focus we chose the topic of research to explore. To our delight we have received many articles on the subject but we have had to leave a few out due to constraints of space. Those which have not been included this month will be included in further issues.

In homeopathy we need research in areas that are not understood yet such as the mode of action of a remedy. I agree with the point that the mode of action is not known but would emphasize that 'it is there but unknown to us'. When we say that the medicine acts we should be able to know 'how' it acts. This area is still unexplored to the full extent by the human race of today and we need to work in this direction to bring to the whole of mankind, the most beautiful science of medicine and healing. We have a long way to go. I also feel that the work happening in the field of nanopharmacology is somewhat on the same lines which Dr Hahnemann worked on 200 years back but didn't have the technology and facilities to support his thought process and therefore give a documentation of what he was doing.

This issue has many articles on the research happening in the field of homeopathy which show the efficacy of homeopathy in various disorders. We have inclusions which talk about the various ways of research and the ways it is being done in different sectors. The Central Council of Research in Homoeopathy in India is doing work on the various facets of homeopathy like the study of medicinal plants and drug standardisation where they conduct pharmacognostical, physico-chemical and pharmacological studies of various homeopathic drugs. Drug proving is an essential part of their research agenda where both the indigenous and partially proved homeopathic drugs are considered for drug proving. The double blind placebo controlled methodology is adopted in the Drug Proving Programme and a modified protocol is used to get reliable results. Clinical

Verification, Clinical Research, Epidemic Management and Extra-Mural Research are other areas they are working on. We have included a research paper from ICR group where they have given a report of their research on Diabetes. It discusses the constitutional and organ remedies and their effect in the management of Diabetes Mellitus Type 2. It was found that in long term management the constitutional medicines gave a sustained relief in the symptoms and in the blood sugar levels in patients. The study also analyzes the role of susceptibility and miasm in planning the treatment of the patient. An article from doctors of Dr B.R. Sur Homoeopathic Medical College & Hospital of New Delhi and one by Dr Rajat discuss the characteristics of research methodology and present important guidelines of the homeopathic research. Dr Issac Golden discusses the aspect of prevention with homeopathy which is not a very explored area. The concept of Genus epidemicus was discussed by Hahnemann in aphorism 100 but needs more exploration. Dr Golden's article discusses the role of homeopathic prophylaxis in Leptospirosis.

This collection of articles brings out the good work that has and is happening in the field of homeopathy and we hope these works are inspiring and are used as a guidance tool for practitioners so they may create documentation for their successful (and unsuccessful) cases. This will go a long way in proving the efficacy of homeopathy in many diseases.

Send us your feedback and also your experiences on these subjects. We plan to start a 'Review Section' from next month onwards where two pages will be dedicated for review of the articles. We invite your reviews of the articles where you share your practical experience of the topic discussed in the article. We hope that you will like this collection and use the information gathered to enhance your future ways of working. We await your reviews.

**Dr Geeta Rani Arora**  
Editor



## Unbolt yourself ...

MONTH	TOPIC	LAST DATE OF SUBMISSION
August 2010	Modus Operandi in Homeopathy	June 20th
September 2010	Rare Disorders	July 20th
October 2010	Menopausal Syndrome	August 20th
November 2010	Acute Prescription	September 20th

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