

Dear Readers,

**R**are is a term which always catches ones attention. Rare creatures, rare flower, rare bird, a rare phenomenon - such things are always of a higher interest to human beings. In fact, people who have done something different are always looked up to by the rest of human race. That is why, the Guinness book of world records was created.

In October issue, we discussed about rare disorders being treated by homeopathy. Yes! we did not have many articles on rare disorders but then the rare disorder and that too treated by homeopathy and with documentation was a rare commodity. Let's start documenting...

In homeopathy practice, we prescribe polychrest many times, because those elements or plants are more commonly available and similarly such personalities (maybe that is why those remedies became polychrests). Calcium, Sodium, Potassium, Magnesium occur more in nature and so do such personalities. Nevertheless, the rare remedies are usually less occurring and hence less used - see the beautiful balance of nature. So tomorrow if you get stuck by a thought that why you always end up prescribing a polychrest, give yourself a benefit of doubt because these remedies occur more, but yes when you are not getting results or not able to find a simillimum from your basket of medicines then you must think of the rare ones. Before that we have to be acquainted with all such remedies and have a thorough knowledge and information about those.

As stated by Stephan Kopp and Ipke Wachsmuth in *Gesture in Embodied Communication and Human Computer Interaction* "The main cue which attracts bottoms up attention is a rarity and contrast of a feature in a given context". Similarly the need for a rare remedy in homeopathy should be thought of when we see a very rare feature in a patient, something we have not seen in our usual practice and doesn't seem to get covered by the polychrests we know

well. Also a rare remedy will be prescribed rarely. If every next patient looks like a rare remedy person to you, then go back your books.

Many doctors from the field have worked on rare remedies and have given lot of useful information about same. Dr D P Rastogi has done research for many years on use of rare remedies and we are thankful to him for he has taken out time to write an article for this issue on his experiences with rare remedies.

Dr Jan Scholten has been working on lanthanides for past few years where he has worked on usage of lanthanides for AIDS patients in Africa. Here again we see that AIDS is not a common phenomenon, it's a dreaded disease and used to be rare condition few years back and the rarest group of metals, the lanthanides is coming out to be useful for such cases. The research is still going on but the direction of work gives us an insight into the phenomenon of rarity which itself is very interesting.

In this issue, we have two very interesting case studies - one by Dr Roberto and another by Dr Patricia where they have given details of cases treated by rare remedies. Alastair Gray's article on jellyfish is an exploration of the remedy through proving.

Homeopathy becomes more and more interesting as you go deeper into the understanding. Once told by a very dear friend Joseph Kellerstein that make homeopathy your friend, it's a life long friend, I feel is so true.

Wishing you all a great year ahead where you are able to do something different in your practice and life and reach a level which you always wanted to.

**Dr Geeta Rani Arora**

Editor



### Unbolt yourself ...

MONTH	TOPIC	LAST DATE OF SUBMISSION
February 2011	Attention Deficient Disorders	December 20th 2010
March 2011	Kali Group	January 20th 2011
April 2011	LM Potency	February 20th 2011
May 2011	Hypertension	March 20th 2011

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